Letter to the Editor

Ebola virus disease

To the Editor,

The report on the Ebola virus disease which appeared in a recent issue of this publication was very interesting. Tseng and Chan noted that “there is no standard treatment for EVD” and also mentioned that “to promptly identify patients and prevent further spread, physicians should be aware of travel or contact history for patients with constitutional symptoms.”

These two points should be further discussed. Certainly, as an emerging disease, knowledge about the treatment of the Ebola virus disease is limited. However, within the past several months, there are many newly published guidelines specifically addressing the new Ebola virus disease. Several good examples are those published in MMWR Morb Mortal Wkly Rep and BMJ. Such guidelines can be extremely useful, and should be further adapted to individual settings. Focusing on early diagnosis, it is acceptable as a good tool for disease control. However, there are many problems regarding early diagnosis. First, asymptomatic infection is possible and this cannot be easily detected. Second, the problem of false negative readings as a part of case diagnosis has been reported. This problem can also be seen in the modern PCR test. Alternatively, false positives in diagnosis have also been observed. Adding to the basic limited availability of the test, the problem of false diagnosis must be kept in mind when one deals with the problem of the newly-emerging Ebola virus disease.

References


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